

# St. Patrick's Day

*ACA No. California Intergroup 640 Newsletter March, 2018  
Together We Can Achieve Anything!*

## **Affirmation**

*It is a well of grace we can return to again and again and dip out self-acceptance, self-assurance and love. Each time we take Step Three, we drink down God's love. We replenish our Inner Child or True Self. We come to believe that God hears our prayers and loves us always." BRB pg. 142*

**Step 3** Made a decision to turn our will and our lives over to the care of God as we understand God.

## **Step Three Summary**

We are not pushing religion or spiritual beliefs upon anyone. We use the Twelve Steps, professional help and a Higher Power to reclaim our wholeness. This is the ACA way. BRB pg. 142

Whatever we choose to call our Higher Power, we make a decision to turn our will and life over to its care on a daily basis. If we struggle with turning over our will and life to a Higher Power, we can begin by turning over our self-hate, self-doubt or fear. We can ask God to take our compulsions, resentments and learned rage. Some of us will work up to turning over our will and life to the care of God. This is a process that we learn to trust. BRB pg. 142

## **Third Step Prayer**

*God, I am willing to surrender my fears and to place my will and my life in your care one day at a time. Grant me the wisdom to know the difference between the things I can and cannot change. Help me to remember that I can ask for help. I am not alone. Amen. BRB pg. 149*